# Aboriginal

## ABORIGINAL TOURISM ASSOCIATION OF BC OUR STORY. YOUR experience.

www.AboriginalBC.com





"Experience our vibrant Aboriginal cultures, traditions and warm hospitality."

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## We Invite You to Join Us...

As the First Nations, Inuit and Métis of this land, we invite you to experience our vibrant Aboriginal cultures, traditions and warm hospitality. Also known as Natives or American Indians, we dance and sing in the way of our ancestors, tell the creation stories handed down through the millennia and practise the arts and crafts taught to us by our Elders.

And soon, we will step onto the world stage to present our many cultures before, during and after the Vancouver 2010 Olympic and Paralympic Winter Games. The 2010 Winter Games will be held on the traditional and shared traditional territories of the Lil'wat, Musqueam, Squamish and Tsleil-Waututh First Nations, where we are proud to participate as athletes, volunteers, employees, entrepreneurs, artists, performers, spectators and cultural ambassadors.



"Our people have many stories to tell and many experiences to share."

## **Our People**

With the greatest diversity of Aboriginal Peoples in North America, B.C. is a showcase for the talents of 203 First Nation communities, with a Métis presence.

Our Elders continue to pass along our ancient ways through song and dance, as they have done for thousands of years, in keeping with the oral tradition of our cultures. Whether proudly carving totem poles, displaying world-class works of art in local, Native-owned galleries, performing stories through dance, hosting guests in Aboriginal-owned resorts or journeying into the wilds in traditional, hand-carved canoes, our people have many stories to tell and many experiences to share.

## Aboriginal Experiences at a Glance

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## Best Western Tin Wis Resort

#### Tofino

1119 Pacific Rim Highway Phone 1.800.661.9995 www.tinwis.com

- » Hotel with ocean views
- » First Nations-inspired cuisine
- » Gift shop

Experience timeless mists and ancient rainforests at this Tla-o-qui-aht Nation-owned hotel overlooking Mackenzie Beach and the Pacific Ocean in the remote wilderness of Clayoquot Sound. Tin Wis features a Nativethemed lobby, fitness and spa facilities and contemporary West Coast First Nations cuisine. Discover the Spirit.

Season Yea Wheelchairaccess Yes Rates From

Year-round Yes From \$155 per night (based on standard room)

## Nuchatlaht Park Lodge



#### Tahsis

Nootka Island Phone 1.877.488.0045 www.parklodge.ca

- » Fishing lodge
- » First Nations cultural & adventure tours
- » All-inclusive packages

A two-storey fishing and safari lodge on the west coast of Vancouver Island, nestled in pristine Nuchatlitz Marine Park. Guests choose from a range of First Nations guided expeditions, including kayaking, sport fishing, wildlife viewing, scuba diving and hiking.

Season Hours Activity level Wheelchair access Rates

June 1 to September 30 Daily departures Easy to moderate No From \$150 per night/per room

## "Our vibrant Aboriginal cultures are anchored in the past and constantly evolving."

## Sharing Our Cultural Treasures

Learn about our connection to the land in our cultural and interpretive centres. Share an artist's perspective as he carves a totem pole. Experience an insider's take on the latest artworks by contemporary Aboriginal artists in Native-owned art galleries. View B.C.'s wilderness through the eyes of an Aboriginal guide. Feast on our traditional foods and relax in Aboriginal-owned resorts and inns.

Come experience our traditions and warm hospitality through the many adventures, tours and experiences offered by our members.

## **Thornton Motel**



#### Ucluelet

1861 Peninsula Road Phone 250.726.7725 www.thorntonmotel.ca

- » Motel
- » Minutes from
- Pacific Rim National Park
- » Kitchenettes
- » Tranquil location

Owned and operated by the Ucluelet First Nation, the Thornton is a friendly and inviting 16-room motel located in the fishing village of Ucluelet, just outside world-renowned Pacific Rim National Park. The Thornton is within walking distance of all local restaurants, shops, docks and attractions.

Season	Year-round
Wheelchair access	No
Rates	From \$123 per night (based on standard room)

## **TLA-OOK Cultural Adventures**



#### Tofino

Wingen Lane Dock Phone 1.877.942.2663 www.tlaook.com

- » Traditional canoeing
- » Adventure tours
- » Exploration of Clayoquot Sound wilderness preserve

At Tla-ook, guests paddle the protected waters of Clayoquot Sound in traditional Nuu-chah-nulth dugout canoes, led by experienced local guides of the Tla-o-qui-aht First Nation. Expeditions include the two-hour Harbour Explorer Tour, a four-hour Meares Island Tour and a full-day canoe exploration with local hikes and a traditional salmon barbeque.

Season	Year-round
Hours	Daily departures
Activity level	Easy to moderate
Wheelchair access	No
Rates	From \$49 per adult
	(based on 2.5-hou

Easy to moderate No From \$49 per adult based on 2.5-hour canoeing experience)

# Aboriginal Journeys Wildlife Viewing & Adventure Tours



#### Campbell River

Discovery Harbour Marina (by South Ramp) Phone 1.888.455.8101 www.aboriginaljourneys.com

- » Whale & grizzly bear watching
- » Highly experienced guides
- » State-of-the art vessels

Whale-watching in B.C. is considered the best in the world, as well is its grizzly bear viewing – from eco-sensitive viewing platforms. View lush forests, soaring mountain peaks, serene ocean waters, bald eagles, dolphins, black bears, wolves and an abundance of other wildlife in their natural habitat. Tours are interwoven with insights into local First Nations history and culture. A spectacular adventure awaits. Guaranteed sightings – visit our website for details.

Season	May to C
Hours	Daily de
Activity level	Easy
Wheelchair access	No
Rates	From \$16

May to October Daily departures Easy SS No From \$169 per adult (based on marine tour)

## **Culture Shock Interactive Gallery**



#### Alert Bay

Two-minute drive/walk left from ferry terminal Phone 250.974.2484 www.cultureshockgallery.ca

- » Interactive gallery
- » Traditional cuisine
- » Storytelling & cedar weaving
- » Canoeing

A multi-faceted gallery where guests can explore traditional, local art forms and book cultural tours, including a canoe paddle, traditional salmon barbeque, cedar weaving and Nusa storytelling. Interaction is encouraged as guides share the living culture of the 'Namgis.

Hours
Activity level
Wheelchair acces
Rates

Season

Year-round May 18 to September 30 – 9:30 am to 6 pm daily; October 1 to May 17 – 12 pm to 5 pm Tuesday to Saturday Easy SS Yes From \$60 per adult (based on canoe tour)

## **I-HOS Gallery**



#### Courtenay

Comox Reserve 3310 Comox Road Phone 1.888.656.7599 www.ihosgallery.com

- » Gallery
- Authentic traditional & contemporary Northwest Coast art

A Comox First Nation-owned gallery featuring a collection of hand-carved masks, limited-edition prints, sterling silver and 14K-gold jewellery and other traditional and contemporary Northwest Coast works of art. Customized cultural performances and workshops are also offered. Shop online or visit in person.

Season	Year-round
Hours	March to December – 10 am to 5 pm Monday to
	Saturday, 12 pm to 5 pm Sundays; January to
	February – 10 am to 5 pm Tuesday to Saturday
Wheelchair access	Yes
Rates	Free

## Salmon Feast



## Black Creek

9074 Clarkson Avenue Phone 250.830.3488 www.salmonfeast.com

- » Traditional cuisine
- » Traditions & legends
- » Customized workshops
- » Gift shop

An opportunity to experience a traditional First Nation salmon feast with family and friends – served in a longhouse on beautiful Saratoga Beach – that includes smoked salmon wraps and BBQ salmon on a stick, cornbread bannock and other delicacies served on a souvenir alder wood plate. Guests can learn more about the tradition of the longhouse from their First Nation guide through legends and a video presentation.

Season	June to September
Hours	10 am to 8 pm daily (reservations required)
Activity level	Easy
Wheelchair access	Yes
Rates	From \$15 per person (for groups of five and up)

## Tsa-Kwa-Luten The Oceanfront Resort at Cape Mudge



#### Quadra Island

No.1Lighthouse Road Phone1.800.665.7745 www.capemudgeresort.bc.ca

- » Resort with ocean views
- » Wilderness hideaway
- » Hiking, biking & kayaking nearby
- » RV facilities

Offering tranquility and wilderness seclusion within an 1,100-acre forest overlooking Discovery Passage. This oceanfront resort includes an inviting log main lobby, features scenic ocean views from every room or cottage, specializes in West Coast Seafood Cuisine and is a Kwagiulth-designed facility.

Season Mid Wheelchair access Yes Rates Fror

Mid-April to mid-October Yes From \$105 per night (based on standard room)

## U'mista Cultural Centre



#### Alert Bay

No. 1 Front Street Phone 1.800.690.8222 www.umista.ca

- » Cultural centre
- » Guided tours
- » Kwakw<u>a</u>k<u>a</u>'wakw First Nation exhibits
- » Gift shop

The U'mista, the longest-operating First Nation museum and cultural centre in Canada, houses the world-renowned Potlatch Collection – U'mista cultural regalia confiscated by the federal government in 1922 and returned in 1980. Now on permanent display, the collection is complemented by a series of rotating exhibits year-round, with tours and stories by First Nation guides.

Season Yea Hours May Oct Wheelchairaccess Yes Rates Fror

Year-round May to September – 9 am to 5 pm daily; October to April – 9 am to 5 pm Tuesday to Saturday Yes From \$8 per adult

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#### Southeast Vancouver Island

## West Coast Expeditions



#### Spring Island

Kyuquot Phone 250.338.2511 www.westcoastexpeditions.com

- » Kayak retreats
- » Cultural sites
- » Visits with First Nations families

Journey off the beaten path by sea kayak in the marine wilderness of Kyuquot Sound. Paddlers depart base camp on Spring Island to learn about local First Nation culture, wildlife and the mysteries of the coast's old-growth forests on multi-day, all-inclusive guided tours with professional guides.

Season
Hours
Activity level
Wheelchair acces
Rates

Mid-June to mid-September Daily departures All abilities ss No From \$1,295 per adult (based on four-day tour)

## Southeast Vancouver Island

## **Bill Helin Art Gallery**



## Parksville

149 Morison Avenue (across from the main beach) Phone 250.586.7718 www.billhelin.com

- » Gallery
- » West Coast Native art
- » Workshops & demonstrations
- » Gift shop

An art gallery and studio showcasing custom jewellery, limited-edition prints, paintings and other artwork by Tsimshian artist Bill Helin. Specialty: hand-crafted wedding rings and story bracelets. Also, a video storytelling lounge with onsite productions, art demonstrations and workshops by appointment.

Season Hours	Year-round June 15 to September 15 – 10 am to 6 pm Monday to Thursday; September 16 to June 14 – 10 am to 5 pm Tuesday to Friday, 11 am to 4 pm Saturdays
Wheelchair access	No
Rates	Free





#### Duncan

200 Cowichan Way Phone 1.877.746.8119 www.quwutsun.ca

- » Cultural centre
- » Traditional cuisine
- » Interpretive tours
- » Gift shop

The Cowichan Band-owned Quw'utsun' centre is scenically situated on six acres of landscaped pasture land along the Cowichan River. Guests are invited to learn about the culture and heritage of the Cowichan people through interpretive tours and a multimedia presentation, *Great Deeds* – an oral depiction of this First Nation.

Season Jun Hours 10:3 Activity level Eas Wheelchair access Yes Rates Fror

June to mid-September 10:30 am to 3 pm Tuesday to Saturday Easy to moderate Yes From \$15 per adult

## Sea Quest Adventures & Aboriginal Tours



#### Sidney

105 – 2537 Beacon Avenue Phone 1.888.656.7599 www.seaquestadventures.com

- » Whale & other marine-life viewing
- » Performances & feasts
- » Sea kayaking

Unique West Coast First Nations adventures, featuring whale-watching (sightings guaranteed), traditional dance performances and a First Nations-themed feast. Sea kayaking tours, lessons and rentals are also available.

Season Hours Activity level Wheelchair access Rates

March 1 to October 31 8 am to 10 pm – daily departures Easy to moderate No From \$95 per adult (based on three-hour tour)

## **Tseycum Canoe Tours**



#### Sidney

Alpine Marine Centre (at the Sidney Marina) Phone 250.656.7224 www.tseycumtours.com

- » Whale-watching
- » Canoe tours
- » Medicinal walking tours

The sacred past of the Coast Salish people is explored through whale-watching and cultural interpretive tours amidst the southern Gulf Islands. Observe wildlife in their natural habitat, discover the history of the potlatch and experience medicinal walking tours of ancient tribal sites.

Season Yea Hours 11 Activitylevel Eas Wheelchairacces No Rates Fro

Year-round 11 am to 5 pm Wednesday to Sunday Easy to moderate No From \$34 per adult (based on 1.5-hour tour)

## Vancouver Coast & Mountains

## Khot-La-Cha Art Gallery & Gift Shop



#### North Vancouver

270 Whonoak Street (off Lions Gate Bridge) Phone 1.866.987.3339 www.khot-la-cha.com

» Art gallery » Traditional & contemporary art » Unique gifts

A second-generation-owned gallery featuring original northwest artwork by the province's finest First Nations artists, including hand-carved cedar totem poles, unique feasting bowls, rattles, hand-tanned moccasins and sterling silver and 14K-gold jewellery. The gallery's name means "kind heart" in the Squamish language.

Season Hours

Activity level Eas Wheelchair access Yes Rates Free

Year-round 10 am to 5 pm Monday to Saturday; July, August and December also open 11 am to 4 pm Sundays Easy to moderate Yes Free

## Squamish Lil'wat Cultural Centre



#### Whistler

4584 Blackcomb Way Phone 1.866.441.7522 www.slcc.ca

- » Interactive museum
- » Cultural forest walks
- » Traditional cuisine
- » Gift shop

Guests experience Whistler's First Nations heritage through a welcome song, guided tour of the museum and exhibits, 15-minute film in an 80-seat theatre, cultural forest walk, craft-making in the centre's cedar longhouse and exploration of the Café and Gift Gallery with its original Squamish, Lil'wat and other B.C. First Nations art.

Season	Year-round
Hours	9:30 am to 5 pm daily
Wheelchair access	Yes
Rates	From \$18 per adult

## Takaya Golf Centre



#### North Vancouver

700 Apex Avenue Phone 604.929.6672 www.takayagolfcentre.com

- » Driving range/practice greens
- » Mini-putt
- » Clinics & lessons

Golfers swing amidst nature at the Tsleil-Waututh Nation golf practice centre, which features a 270-yard driving range with bunker, chipping and putting greens and mini-putt. Group and private lessons available with G.P.G.A., L.P.G.A. and Korean golf pros, with demonstrations of the latest equipment.

Season	Year-round
Hours	8 am to 9 pm Monday to Friday,
	7 am to 9 pm Saturdays and Sundays
Activity level	Allabilities
Wheelchair access	No
Rates	From \$6.50 per bucket; lessons from \$50 per half-hour

## Aboriginal Cultural Experiences



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	LOWER MAINLAND	
	CARIBOO CHILCOTIN COAST	
	INTERIOR ROCKIES	
	NORTHWEST COAST	

NORTHEAST BRITISH COLUMBIA

### Lower Mainland

#### Takaya Tours



#### North Vancouver

Cates Park Phone 604.985.2925 www.takayatours.com

- » Kayak tours
- » Traditional canoe tours
- » Storytelling
- » Traditional songs

A fascinating glimpse into the Coast Salish culture through traditional ocean-going canoe and kayak excursions on the protected waters of Burrard Inlet. First Nation guides sing traditional songs and share stories passed down through the generations while sharing the cultural history of the Salish and their Burrard Inlet and Indian Arm territories.

Season Ma Hours Da Activitylevel Mc Wheelchairacces No Rates Fro

May to August Daily departures Moderate No From \$60 per adult (based on two-hour canoe tour)

## Lower Mainland

## Bill Reid Gallery of Northwest Coast Art



#### Vancouver

639 Hornby Street (downtown Vancouver) Phone 604.682.3455 www.billreidgallery.ca

#### » Public art gallery

- » Contemporary Northwest Coast art
- » Gift shop

This public art gallery honours the world-renowned Haida artist Bill Reid (1920–1998), with rotating exhibits of works by B.C.'s other acclaimed First Nations artists. Permanent installations include "Restoring Enchantment: Gold and Silver Masterworks" by Bill Reid and several works featured on the Canadian \$20 bill.

Season	Year-round
Hours	11 am to 5 pm Wednesday to Sunday
Wheelchair access	Yes
Rates	From \$10 per adult



# Kwikwetlem's Colony Farm Bike Tours & Rentals

Coquitlam

2 - 65 Colony Farm Road Phone 604.520.0090 www.colonyfarmbiketours.com

- » Guided biking & walking tours
- » Kwikwetlem culture & history
- » Nature & wildlife viewing
- » Bike rentals

An urban nature and wildlife adventure featuring two-and three-hour guided biking and walking tours through Colony Farm Regional Park and on Kwikwetlem reserve land. Follow limestone-topped trails skirting the Coquitlam River while learning about Kwikwetlem history and the local flora and wildlife.

Season Year-round Hours March to June – 9 ar July to August – 12 pr 9 am to 8 pm Saturd mid-December – 9 a February 12 to 28, 2 Activity level Easy to moderate Wheelchair access Limited Rates From \$25 per person

March to June – 9 am to 5 pm Wednesday to Sunday; July to August – 12 pm to 8 pm Monday to Friday, 9 am to 8 pm Saturday and Sunday; September to mid-December – 9 am to 5 pm Wednesday to Sunday; February 12 to 28, 2010 – 9 am to 5 pm daily Easy to moderate Limited

From \$25 per person (based on two-hour tour)

## **Ruby Creek Art Gallery**



#### Agassiz

58611 - C Lougheed Hwy. (on Hwy. 7 between Hope and Agassiz) Phone 604.796.0740 www.rubycreekartgallery.com

» Art gallery » Meet-the-artist events

» Limited-edition prints

Promoting the extraordinary work of the finest Pacific Northwest First Nations artists, this gallery specializes in limited-edition prints, gold and silver hand-carved jewellery, cedar boxes, chests and plaques, handcrafted drums, soapstone and textiles. Signings with featured artists are hosted.

Season	Year-r
Hours	10 am
	11 am 1
Wheelchair access	Yes
Rates	Free

ear-round ) am to 4 pm Wednesday to Saturday; am to 4 pm Sundays

### Lower Mainland

## Stó:lō Artisan Centre



#### Chilliwack

Unit 29 - 6014 Vedder Road Phone 604.858.0009 www.stolotourism.ca

- » Gallery & gift shop
- » More than 70 artists
- » Artist signings & workshops

With more than 70 Aboriginal artists represented, the Stó:lō Artisan Centre presents a diverse cultural mix and range of art forms, including masks, paddles, carved boxes, paintings, prints, Salish weavings, handmade silver jewellery, pottery, beadwork and Native music. In addition, the centre hosts regular cultural events, such as dance performances and artist demonstrations.

Season	Year-round
Hours	8:30 am to 4:30 pm Monday to Friday
Wheelchair access	Yes
Rates	Free

#### Mission

Xá:ytem Longhouse Interpretive Centre

35087 Lougheed Hwy. Phone 604.820.9725 www.xaytem.ca

- » Museum
- » Ancient Aboriginal site
- » Interactive programs
- » Gift shop

A 9,000-year-old Aboriginal village site, Xá:ytem encompasses two authentic pithouses, a sacred transformer stone and "B.C.'s oldest house," where visitors are invited to experience Stó: lo history, culture, archaeology and spirituality. Guided interactive cultural programs, workshops and an overnight experience are also offered onsite.

Season	Year-round
Hours	9 am to 4:30 pm Monday to Saturday
Wheelchair access	Yes
Rates	From \$12 per adult

## **Cariboo Chilcotin Coast**

## Wickaninnish Gallery



#### Vancouver

The Net Loft, Granville Island Suite 14 - 1666 Johnston Street Phone 604.681.1057 www.wickaninnishgallery.com

- » Gallery & gift shop
- » Northwest Coast art
- » High quality & affordable prices

Located in the Net Loft on Granville Island, the Wickaninnish showcases an ever-changing selection of high-quality but affordable art, jewellery, pottery, limited-edition prints, bentboxes, dream catchers, moccasins and T-shirts. Owned and founded by Patricia Rivard in 1987, the gallery is named after one of her ancestors, Chief Wickaninnish, the most powerful chief among the Nuu-chah-nulth in the late 1700s.

Season	Year-round
Hours	10 am to 7 pm daily
Wheelchair access	Yes
Rates	Free

# **Cariboo Chilcotin Jetboat Adventures**



## Williams Lake

Williams Lake (trips start 15 minutes west, Hwy. 20) Phone 1.877.748.8687 www.jetboatadventures.com

- » Scenic jet boat river tours
- » Hiking & exploring
- » Multi-day packages

CCJA has been offering safe and professional river tours on the Fraser River for 10 years. Offerings include beautiful scenery, wildlife, Aboriginal early explorer and gold rush history with an educational interpretation by our knowledgeable guides. Highlights are traditional dip netting for wild salmon, salmon BBQ, viewing ancient petroglyphs and ancient village sites, identifying food and medicinal plants and, of course, running the rapids through towering rock-wall canyons.

Season Hours Activity level Wheelchair access Rates

May to September Daily departures (call to pre-book) Easy to moderate No From \$80 per adult (based on one-hour tour)

## Retasket Lodge & RV Park



#### Lillooet

1264 Bouvette Road Phone 1.866.456.2090 www.retasketlodge.com

- » Motel
- » Stunning views
- » Complimentary continental breakfast

Featuring spectacular views of the town of Lillooet and B.C.'s historic Fraser River, the three-star Retasket Lodge's 20 rooms offer spacious, non-smoking comfort along with a complimentary continental breakfast, meeting room, coin laundry and outdoor parking.

Season Wheelchair access Yes Rates

Year-round From \$80 per night

## **Spirit Bear Adventures**



#### Klemtu

Phone 1.877.644.2346 www.spiritbear.com

- » Spirit, grizzly, black bear tours
- » Lodge
- » Big house & museum
- » Storytelling

Guided four-and seven-day eco-cultural journeys into B.C.'s pristine Great Bear Rainforest – in search of the rare, white spirit bear as well as grizzly, black bears and other wildlife. Guests travel by boat deep into coastal fjords carved by the last ice age, explore ancient cultural sites and hike tidal flats and old-growth trails. Home base is the Spirit Bear Lodge in Klemtu, a new waterfront retreat steps away from our Big House Cultural Centre.

Season June to October Hours Activity level Wheelchair access No Rates

Daily departures Easy to moderate From \$140 per room/night; from \$2,175 for four-day tour

## Xats'ull Heritage Village



#### Williams Lake

5570 Heritage Village Road (37 km north of Williams Lake) Phone 250.297.6502 www.xatsull.ca

- » Traditional village
- » Multi-day packages
- » Sweat lodge & ceremonies

A First Nations settlement where guests overnight in a reconstructed pit house or teepee, with sweat lodge retreats, day tours of petroglyphs and artifacts dating back 4,000 years, story telling workshops and discussions on traditional ways of life, Native arts and living off the land.

Season Hours	May 15 to September 30 June – 9:30 am to 4:30 pm Tuesday to Sunday; July to August – 9:30 am to 4:30 pm daily; September – 9:30 am to 4:30 pm Wed. to Sat.
Activity level	Easy to moderate
Wheelchair access	No
Rates	From \$18 per adult (based on village tour)

## **Interior Rockies**

## **Cross River Wilderness Centre** & Kootenay Wilderness Tours



#### Kootenay National Park

9272 Cross River Forestry Road (close to Radium Hot Springs) Phone 403.271.3296 www.crossriver.ca

- » All-inclusive adventure tours
- » Remote eco lodge & cabins
- » Spectacular hiking

The Kootenay region of B.C. offers some of the most scenic hikes in the Canadian Rockies – a fact that Cross River's wilderness tours take full advantage of in this remote, unique landscape. Guests can opt for accommodation and meals with self-guided hikes or all-inclusive adventure packages that revitalize participants' connection with the rhythm of life.

Season Hours Activity level Wheelchair access Rates

May to September Daily departures Moderate No From \$170 per person (includes meals, lodge accommodation)

## Ktunaxa Interpretive Centre



#### Cranbrook

7777 Mission Road Phone 250.417.4001 www.ktunaxa.org

- » Interpretive centre
- » Documentary
- » Meet with a Ktunaxa Elder

Located at the famous St. Eugene Resort, this interpretive centre displays artifacts and details of the history and mythology of the Ktunaxa and the history of the resort. Once a residential school, this maganificent building was turned into an international destination resort by the Ktunaxa Nation in 2003. While visiting the centre, you will learn about the residential school period through exhibits and an informative documentary.

Season Hours	Year-round July to August – 9 am to 5 pm daily; September to December and January to June – 9 am to 5 pm Tuesday to Thursday
Wheelchair access Rates	Yes Free (There is a fee for larger groups. Please call to inquire.)

## **Nk'Mip Cellars**



#### Osoyoos

1400 Rancher Creek Road Phone 250.495.2985 www.nkmipcellars.com

- » Award-winning winery
- » Tours & tastings
- » Locally inspired cuisine

This award-winning, world-class vineyard, owned and operated by B.C.'s Osoyoos Band, features premium VQA wines and locally inspired cuisine in a dramatic setting overlooking Lake Osoyoos. The adjacent four-season Nk'Mip Resort boasts world-class golf, an architectdesigned desert cultural interpretive centre that blends artfully into the surrounding desert, a luxurious spa and resort accommodation designed in the Santa Fe style.

Season	Year-round
Hours	9 am to 5 pm Monday to Sunday
Activity level	Easy
Wheelchair access	Yes
Rates	Free (wine tasting)

## Nk'Mip Desert Cultural Centre



#### Osoyoos

1000 Rancher Creek Road Phone 1.888.495.8555 www.nkmipdesert.com

- » Cultural centre
- » Interactive displays
- » Wildlife & cultural exhibits
- » Gift shop & gallery

A family oriented cultural experience focusing on the rich, living culture of the Okanagan First Nations and the unique flora and fauna of their traditional territory's desert habitat. The 22-hectare site features cultural exhibits, walking trails, outdoor sculptures and hands-on interactive displays. Highlights include a reconstructed Aboriginal village, two theatre experiences and "Critter's Corner" animal exhibits. Daily guided walks and rattlesnake talks offered from July through September.

Season	May 16 to October 15
Hours	9:30 am to 4:30 pm daily
Activity level	Easy
Wheelchair access	Yes
Rates	From \$12 per adult

## Nk'Mip RV Park



#### Osoyoos

8000 45th Street Phone 250.495.7279 www.campingosoyoos.com

- » RV park » Lakefront sites
- » Beach
- » Boat launch

Owned and operated by the Osoyoos Band, this family campground on the southern shore of Lake Osoyoos features an indoor swimming pool, hot tubs and beach access – with horse riding at the adjacent stables, award-winning wines at the onsite Nk'Mip vineyard, plus a renowned desert interpretive centre and a Sonora Desert golf course.

Season Yea Wheelchairaccess Yes Rates From

Year-round Yes From \$29 per day (based on one sleeping unit and one vehicle)

#### **Interior Rockies**

## **Okanagan** Princess **Houseboat Dining Tours**



#### Kelowna

210 Bernard Avenue Phone 250.317.8442 www.okanaganprincess.com

- » Dinner cruises
- » Entertainment
- » Private & public charters
- » Full menu on board

As night falls, the tranquil waters of Lake Okanagan reflect the twinkling lights of Kelowna. Post dinner cruise aboard this 76-foot luxury houseboat, guests dance the night away under the stars, mingle on the Okanagan Princess' observation deck or relax with a leisurely soak in the onboard hot tub.

Season	May 1 to September 30
Hours	6:30 pm to 9:30 pm Tuesday to Thursday
Activity level	Easy
Wheelchair access	Yes
Rates	From \$25 to \$30 per person
	(based on three-hour public cruise)

## Secwepemc Museum & Heritage Park



#### Kamloops

200 - 355 Yellowhead Hwy. Phone 250.828.9749 www.secwepemc.org/museum

- » Cultural museum
- » Ancient village site
- » Ethnobotanical garden walk
- » Performances

At this 12-acre heritage park, visitors discover the rich history and culture of the Secwepemc through museum exhibits, oral histories and legends, photos, artifacts and videos. The site encompasses the archaeological remains of a 2,000-year-old Secwepemc village, with reconstructed pithouses and ethnobotanical gardens showing traditional plant use.

Season Hours	Year-round June 15 to September 5 – 8 am to 4 pm Monday to Sunday; September 6 to June 14 – 8 am to 4 pm Monday to Friday
Activity level	Easy
Wheelchair access	Yes
Rates	From \$9 per adult

## Snaza'ist Discovery Centre & Mascot Gold Mine Tours



#### Hedley

5800 Hwy. 3, Hedley (just outside Princeton & Keremeos) Phone 250.292.8733 www.mascotmine.com

- » Mine tours
- » Interactive cultural exhibits
- » Demonstrations
- » Gift shop

Backdropped by the scenic Similkameen Valley, visitors view the discovery centre exhibits, then venture deep into this cliff-side mine to experience the netherworld life of turn-of-the-century miners during the province's gold rush.

Hours Activity level Wheelchair access

Season

Rates

May 16 to October 12 May 16 to June 30 – 9 am to 2 pm Saturdays and Sundays; July 2 to September 1 – 9 am to 2 pm Thursday to Sunday; September 2 to October 12 – 9 am to 2 pm Saturdays and Sundays Need to descend/ascend 589 stairs No

## From \$37 per adult (based on 4.5-hour tour)

## Sonora Dunes Golf Course



#### Osoyoos

1300 Rancher Creek Road (Nk'Mip Resort) Phone 250.495.4659 www.sonoradunes.com

- » Desert-style 9-hole golf course
- » Licensed clubhouse & grill
- » Overlooks lake & vineyard

Nestled among the rolling desert hills and lush vineyards on Osoyoos Indian Band land, this par-35, 2,523-yard golf course is surrounded by the breathtaking natural beauty of Canada's only true desert. Sonora Dunes is steps away from the award-winning Nk'Mip Cellars, Nk'Mip Desert Cultural Center and Spirit Ridge Resort & Spa.

Season Hours Activity level Wheelchair access Rates

Year-round Dawn to dusk daily Moderate (all abilities) No Visit www.sonoradunes.com/rates.html for details

## Spirit Ridge Vineyard Resort & Spa



#### Osoyoos

1200 Rancher Creek Road (Nk'Mip Resort) Phone 250.495.5445 www.spiritridge.ca

- » Luxury villas & suites
- » Private beach & lake access
- » Spa
- » Golf

Situated in the heart of B.C.'s Thompson Okanagan wine country, overlooking the Nk'Mip Cellars' vineyards, the Sonora Golf course and the sparkling waters of Lake Osoyoos, this Osoyoos Band-owned resort offers luxurious one- and two-bedroom villas and suites with adjacent spa, restaurant, outdoor lap pools, private beach, lake access and other amenities.

Season	Year-round
Wheelchair access	Yes
Rates	From \$165 per night (based on standard suite rate)



## Little Shuswap Lake

1663 Little Shuswap Lake Road West Phone 1.877.663.4303 www.talkingrock.ca

- » Lakeside hotel
- » Golf course
- » Sandy beach
- » Restaurant
- » Conference centre

Hear the legend and feel the spirit at this Little Shuswap Band-owned lakeside hotel, with championship golf course and driving range, fitness and spa facilities, First Nations-inspired cuisine, conference facilities and friendly staff.

Talking Rock Resort & Quaaout Lodge

Season Yea Wheelchair access Yes Rates Fror

Year-round Yes From \$99 per night (based on standard room rate)

## St. Eugene Golf Resort Casino



## Cranbrook

7777 Mission Road Phone 250.420.2000 www.steugene.ca

- » 4.5-star hotel
- » Golf course
- » Casino
- » Fine dining

Nestled between the Purcell and Rocky mountains, this First Nation-owned 4.5-star hotel features elegant rooms, gourmet dining, world-class golf, a cultural interpretive centre and western-themed casino – all in one picturesque location.

Season	Year-round
Wheelchair access	Yes
Rates	From \$132 per night
	(based on winter standard room rate)

## Tete Jaune Lodge



#### Valemount

11957 L'Heureaux Road Phone 250.566.9815 www.tetejaunelodge.com

» Teepee

- » Riverfront motel
- » Outdoor adventures
- » Restaurant

An all-season riverfront retreat for families and outdoor enthusiasts, featuring a motel, backpacker's hostel, campground and RV park, cabin and teepee rentals, restaurant and conference centre. Onsite activities include ATVing, fishing, rafting and wildlife viewing.

Season Wheelchair access Rates

Year-round Yes From \$69 per night (based on motel accommodation)

## Haida Heritage Centre at <u>K</u>aay Llnagaay



#### Skidegate

2 Second Beach Road (one km north of Skidegate Landing/BC Ferries terminal) Phone 250.559.7885 www.haidaheritagecentre.com

- » Museum
- » Interpretive tours
- » Interaction with artists
- » Café & gift shop

Located on an ancient seaside village site, this oceanfront complex celebrates the unique culture, art and history of the Haida, with museum exhibits and audio-visuals, cultural tours, a canoe house and carving shed, occasional weaving and bentwood-box workshops, ceremonial events and presentations and a café serving Haida cuisine.

Season	Year-round
Hours	June 12 to September 18 – 10 am to 6 pm
	daily; September 19 to April 30 – 11 am to 5 pm
	Tuesday to Saturday; May 1 to June 11 – 10 am to
	5 pm Monday to Saturday
Activity level	Easy
Wheelchair access	Yes
Rates	From \$12 per adult

## Haisla Tourism



#### Kitamaat Village

Kitamaat Village Road Phone 1.877.424.7521 www.haislatourism.com

- » Ecolodge
- » Coastal canoeing
- » Wildlife viewing
- » Hiking

A series of guided wilderness and cultural adventures featuring Haisla First Nation cultural traditions, ocean-canoeing tours, wildlife viewing, natural hot springs, fishing charters, and sightseeing and hiking tours in the heart of the Pacific Inland Coast.

Season	Year-round
Hours	June 1 to September 7 – daily departures Monday to
	Saturday; September 8 to May 31 – daily departures
	Monday to Friday
Activity level	Easy to moderate
Wheelchair access	Varies
Rates	From \$25 per adult (based on three-hour tour)



# Museum of Northern British Columbia

#### Prince Rupert

100 First Avenue West Phone 250.624.3207 www. museumofnorthernbc.com

- » Museum
- » Interactive programs
- » Cultural performances
- » Artists at work

A "Treasure Box of the Ancient Ones" showcasing a rare collection of more than 10,000 years of Northern B.C. history and culture, including museum exhibits and unique artifacts, hands-on programs, tours, cultural songs and dances, and some of the finest Northwest Coast carvers at work in the museum's carving area.

Season Hours	Year-round June to September – 9 am to 5 pm daily; October to May – 9 am to 5 pm Tuesday to Saturday
Activity level	Easy
Wheelchair access	Yes
Rates	From \$5 per adult

## Nisga'a Tourism



#### New Aiyansh

Call to arrange meeting location Phone 1.866.633.2696 www.ncgtourism.ca

- » Cultural tours
- » Interactions with
- local elders & artisans
- » Traditional foods

The dramatic landscape of the Nass Valley is the backdrop for this Nisga'a village and cultural centre, with guided tours and day trips featuring Nisga'a cultural traditions and legends, rare botanical wonders and the area's volcanic mysteries.

Season Hours Activity level Wheelchair access Rates Year-round Daily departures Easy to moderate Varies

From \$40 per adult (based on 4.5-hour tour) Tours leave from Nisga'a Memorial Lava Bed Provincial Park Information Centre. Call to confirm departure times.

## Seashore Charters



#### Prince Rupert

Atlin Terminal 215 Cow Bay Road Phone 1.800.667.4393 www.seashorecharters.com

- » Cultural tours
- » Whale & grizzly bear viewing
- » Guided rainforest hikes

Guests travel back in time to an ancient Tsimshian village site and its many petroglyphs on historic Pike Island, photograph whales and other coastal marine life, or venture into one of the world's most significant grizzly bear sanctuaries, Khutzeymateen, surrounded by mountains and old-growth temperate rainforests.

Season	May 15 to September 15
Hours	10 am to 5 pm Monday to Saturday,
	12 pm to 5 pm Sundays
Activity level	Easy to moderate
Wheelchair access	Varies
Rates	From \$57 per adult (based on four-hour tour)



## 'Ksan Historical Village & Museum

#### Hazelton

(180 miles east of Prince Rupert) Phone 1.877.842.5518 www.ksan.org

- » Museum
- » Ancient village
- » Guided tours
- » Carving area

A reconstructed village of "the People of the River of Mist" – the Gitxsan, featuring more than 600 Gitxsan and Wet'suwet'en artifacts, guided cultural tours, traditional songs and dancing, a carving area, Gitxsan totem poles and a series of traditional First Nation houses overlooking the confluence of the historic Bulkley and Skeena rivers.

Season Year-round Hours Activity level Easv Wheelchair access Yes Rates

April to September – 9 am to 5 pm daily; October to March - 9:30 am to 4:30 pm Monday to Friday From \$10 per adult

#### Bednesti Lake Resort



## Vanderhoof

42765 Hwy. 16 West (40 km west of Prince George) Phone 250.441.3500 www.bednestilakeresort.com

» Motel & B&B

- » Campground & RV facilities
- » Sandy beach » Restaurant & pub

This Saikuz First Nation-owned all-season rural resort features well-maintained campsites, a newly renovated motel, rustic waterfront cabins and Aboriginal-themed meeting facilities overlooking Bednesti Lake, with swimming, fishing, boating, snowmobiling and cross-country skiing onsite. As well: a gift shop featuring Native art, plus restaurant, pub, laundry facilities, convenience store and gas station.

Season	Year-round
Hours	8 am to 11 pm daily
Wheelchair access	Yes
Rates	From \$55 per night (based on motel room)

#### Terms & Conditions of Brochure

The Aboriginal Tourism Association of British Columbia (AtBC) is a non-profit, membership-based organization that is committed to growing and promoting a sustainable, culturally rich Aboriginal tourism industry.

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